

Deep Blue Athletics

Play and Learn Program



Opportunity



Creativity



Exploration



Active



New Friends

Welcome to our O.C.E.A.N!

At Deep Blue Athletics our Play and Learn Program will focus on helping your little one learn in a safe, fun, active and loving environment. We will be busy getting creative in so many fun ways, learning letters, crafting, stories and so much more. Our program provides a learning environment that encourages social, emotional, physical and intellectual development in an environment that feels like home.

Our program offers a place where your child will have the freedom to play while gaining confidence in self-exploration. Allowing them to understand and feel confident in being active and moving their bodies will set them up for a healthy active lifestyle.

We believe that play is essential to a child’s learning. By providing a “learn through play” environment each child can learn and develop at an individual pace while still benefiting from being part of a group.



TWO AGE GROUPS

3 yr old pups or 4 year old otters

*must be potty trained



CHOOSE YOUR DAY

1 day per week
9:30-11:30AM



PROGRAM DETAILS

Choose either a 12 week session or join us from September - June

OPPORTUNITY – Your child will have a rainbow of opportunities. Our learning environment is play-based, which supports our children to discover their own new ideas, uncover hidden inspiration and imagine anything is possible, all while allowing them to learn at their own pace. They will have the freedom to play while gaining confidence in self-exploration. Early learning enables children to develop the confidence to tackle problems, overcome obstacles and succeed.

“Their minds were not built to sit and be taught. They were built to explore, play and learn.”

CREATIVITY – One of the main goals of our program is to develop and inspire the minds of children. What better way to do so than providing the children with endless opportunities to get expressive with their creativity. Through free art and guided art our little Picassos creativity will brightly shine. Another way to get creative is with the help of loose parts and blocks. They are open-ended materials that can be re-arranged and combined in many ways. Children are free to choose and create with any combination of materials provided allowing for creative expression, imagination, risk taking, an understanding of problem solving. Manipulation of blocks and other materials (stacking, balancing, arranging and lifting) helps children develop gross motor and fine motor skills.

EXPLORATION – Imagination and the 5 senses are key factors in exploring. Books allow children to enter a world of “make believe”, learn about new and exciting things, and gives insight to the purpose of the written language. A wide selection of books and a quiet place for reading fosters a love of literature. Allowing for discussion after story time and even incorporating the children to make up parts of the story on their own unlocks the exploration of their tiny minds.

ACTIVE – Every class our children will be active in the gym playing and learning through numerous stimulating activities. In the gym activities develop body and spatial awareness as well as aiding in the development of gross motor skills (climbing, running, jumping and throwing). Using a variety of fun games, songs and movement we will keep our little ones having fun while enhancing social and listening skills.

NEW FRIENDS - Our children will have fun learning and recognizing not only their own names but the names of all of their new class mates and soon to be new friends. From stories and language development to active music and movement activities, group time is an important part of the classroom’s routine. Children learn to respond to the needs of others while in a group situations creating their own unique friendships with each class mate. This program will promote freedom and independence while emphasizing the importance of team work and social skills. We embrace individual uniqueness and strongly emphasize inclusion creating a strong foundation for friendship.

UNDER THE SEA ROUTINE

We will start our day with a friendship circle, where we will sing name songs, play name games and introduce our names visually to all our friends. The children will then have fun exploring and creating with stations really working on those fine motor skills, using our 5 senses and really getting creative. Next we will take a short break to have a quick snack, nourish those little minds and little bodies before we hit the gym! Gym time will be filled with activities to stimulate our gross motor skills. We will play fun warm up games followed by a needed stretch, obstacles, stations, tumbling, balancing, reading under the parachute and of course more games! Circle time is a must so we will spend this mindful moment reflecting as a group about the best parts of our morning followed by some words of kindness towards our new friends.

