



## Health & Safety Policy

---

Deep Blue Athletics Ltd.(DBA) is committed to a healthy and safe environment for everyone involved in our programs. DBA has developed a policy intended to reduce health risks in regards to COVID-19. All policies have been developed using the Alberta Governments guidelines however additional measures have also been added.

### **GENERAL GUIDELINES FOR ALL PROGRAMS**

#### **Drop off & Pick up**

- Parents, please do not enter the main gym for drop off or pick up. You may enter the lobby area only for drop off and pick up however please wear a mask.
- The [AHS Daily Health Check](#) must be completed each day. The survey must be completed prior to EACH and every visit to the facility. Please complete prior to arrival.
- All participants and staff are required to wash/sanitize hands upon entry and when leaving for the day.

#### **Attendance**

- Staff members, parents or guardians and children must not attend the program if they are sick.
- DBA will keep daily records of any one entering/attending the facilitate to assist with contact tracing in the event of an outbreak.
- No spectators will be permitted at this time, unless required and approved by an owner.

#### **Illness**

- If a participant develops symptoms while at the program, the child will be isolated away from other children immediately and the parent or guardian will be notified and required to come and pick up the child immediately.
- Children remaining will immediately wash their hands and be moved to a separate space to allow for sanitization.
- All items used by the child will be be cleaned and disinfected as soon as the child has been picked up. Items that cannot be cleaned and disinfected (e.g. paper, books, cardboard puzzles) will be removed from the program and stored in a sealed container for a minimum of 10 days.

#### **Cleaning**

- Equipment will be cleaned and disinfected between programs using cohorts.
- Washrooms will be available during all classes.
- All high touch points in the washrooms will be sanitized between classes.
- Hand washing stations and hand sanitizer stations will be provided

## **PROGRAM: TEAMS/CLASSES (COHORT GROUPS)**

### **Safety**

- Cohort groups to a maximum of 50 people, including coaches and staff, will be used for programs to reduce the number of contacts per participant.
- Please do not bring food into the facility.
- No personal items may be shared between participants.
- For items that cannot be sanitized between uses participants will be required to sanitize their hands before and after use.

### **Drop off and Pick up Procedures**

- Please arrive changed and ready to go, only bring a small bag with cheer shoes and a filled water bottle.
- Please do not arrive more than 5 minutes prior to your start time.

### **Masks**

- Coaches will wear a mask in the lobby and during practices if/when they come within 2 meters of a participant. Ex when spotting a skill
- Athletes will not be required to wear a mask when in their cohort groups. Athletes will be required to wear a mask in the lobby and until they are in their designated space.

### **Activities**

- All instructors will maintain a 2 meters distance from all participants unless spotting, and if spotting is to take place the Coach is required to wear a mask and sanitize their hands.
- Both low and high intensity activities will take place.
- Athletes will come in contact with one another during team practices.

## **PROGRAM: PLAY AND LEARN/DAY CAMPS (COHORT GROUPS)**

### **Safety**

- Day camp/Play and Learn programs will operate in cohorts, this includes both staff and children.
- A cohort is defined as a group of children and staff members assigned to them who stay together throughout the day, cohorts will remain the same for the duration of the week long camps.
- No food is to be shared with other participants. Participants will be required to wash hands before and after eating. Participants will be spaced out during all eating times.

### **Drop off and Pick up Procedures**

- Cohorts will be separated for the duration of camp/class including pick up and drop off.
- Parents/care givers may only enter the lobby for drop off and may not remain in the building for more than 15 minutes.

## **Masks**

- Coaches/Instructors will wear a mask if/when they come within 2 meters of a participant.
- Attendees will not be required to wear a mask when in their cohort groups.